

**Help the war on abuse**

# Tug of War

## **ENTRY FORM**

**Name of Team:**

**Team Captain:**

**Contact Details  
Address:**

**Telephone:**

**Email:**

*All proceeds will go to provide a caring and safe environment where all women suffering abuse and their children are welcome.*

**Cheques payable to Jersey Women's Refuge.**

**Please send to: PO Box 708, St Helier, JE4 0PW.**

[jerseywomensrefuge.org](http://jerseywomensrefuge.org)

**Telephone 768368**



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